



The *Italian* KITCHEN

Allergen **Menu**

Enjoy exceptional modern Italian cuisine, exquisite wines and a very warm Welcome in the elegant and relaxed surroundings at The Italian Kitchen.

Head Chef Shannon Richards and her team lovingly prepare each dish using the finest quality locally sourced produce

Although our gluten-free dough and menu items are made and cooked using dedicated kitchen utensils and trays, they are prepared in the same facility and ovens as our regular, flour-crust pizzas. We cannot guarantee that our pizzas and other menu items are 100% free of gluten as there is always a possibility of trace amounts crossing over from other kitchen areas. Please consider this when ordering from our menu.

We do not serve fast food but quality fresh food cooked to order as quickly as possible

(gf) Gluten free (df) Dairy free (v) Vegetarian

While you wait

Marinated olives £4 ½ (v) (gf) (df)

Italian gluten free bread board, antipasti & trio of seasoned butter £5 (gf)

Antipasti / Starters

Italian Kitchen meatballs, rich tomato sauce, parmesan shavings, basil oil, gluten free bread £7 (gf)

Sautéed mushrooms, creamy garlic & parsley sauce, white truffle oil £8 (v) (gf)

Pasta

Seafood linguine, king prawns, Dorset crab, langoustine, nduja, fresh chilli, cherry tomatoes, garlic cream sauce. £19 (gf)

Penne all' arrabbiata in a chilli tomato sauce £12 (v) (gf) (df) add chicken £14 (gf) (df)

Traditional spaghetti alla Bolognese, classic slow cooked ragu £14 (gf) (df)

Italian Kitchen spaghetti carbonara, pancetta, leeks, crispy sage, chorizo crumb. £15 ½ (gf)

Pizza

Authentic stone baked pizzas

Mozzarella, tomato, basil £10 (v) (gf)

Goats cheese, butternut squash, sweet pepper drops, sun blush tomato, caramelised onion, dill & balsamic vinegar. £12 (gf) (v)

Parma ham, wild mushroom, olives £12 ½ (gf)

Secondi / Mains

Aberdeen Angus ribeye steak, wild mushroom red wine jus, roasted vine cherry tomatoes, grilled asparagus. £25 (gf)
Accompanied by seasonal vegetables and potatoes

Contorni / Side dishes

All side dishes are £3 ½

Garlic bread, mozzarella (gf) (v)

Garlic bread, mozzarella, caramelised onion (gf) (v)

Skin on fries, parmesan, mixed herbs (gf) (v)

Seasonal dressed salad (gf) (v)

Bambini / Children's Menu

2 Courses For £7 ½

Main Course

Pizza mozzarella tomato (gf) (v)

Penne pasta butter and parmesan cheese (gf) (v)

Carbonara / bacon egg and a touch of cream (gf)

Spaghetti with a traditional meat sauce (gf) (df)

Spaghetti with a tomato sauce (gf) (v) (df)

Sweets

2 Scoops of ice cream (v)

Chocolate brownie with ice cream (v)

Although our gluten-free dough and menu items are made and cooked using dedicated kitchen utensils and trays, they are prepared in the same facility and ovens as our regular, flour-crust pizzas. We cannot guarantee that our pizzas and other menu items are 100% free of gluten as there is always a possibility of trace amounts crossing over from other kitchen areas. Please consider this when ordering from our menu.

Please ask our staff about our Vegan options