



The *Italian* KITCHEN

Allergen **Menu**

Enjoy exceptional modern Italian cuisine, exquisite wines and a very warm Welcome in the elegant and relaxed surroundings at The Italian Kitchen.

Although our gluten-free dough and menu items are made and cooked using dedicated kitchen utensils and trays, they are prepared in the same facility and ovens as our regular, flour-crust pizzas. We cannot guarantee that our pizzas and other menu items are 100% free of gluten as there is always a possibility of trace amounts crossing over from other kitchen areas. Please consider this when ordering from our menu.

We do not serve fast food but quality fresh food cooked to order as quickly as possible

(gf) Gluten free (df) Dairy free (v) Vegetarian

While you wait

Marinated olives £4 ½ (v) (gf) (df)

Italian gluten free bread board, antipasti & trio of seasoned butter £6 ½ (gf)

Antipasti / Starters

Bruschetta trio of Capricorn goats 'cheese & olive tapenade, tomato concasse, smoked mozzarella & baby basil £9 ½ (v) (gf)

Italian Kitchen meatballs, rich tomato sauce, parmesan shavings, basil oil, gluten free bread £9 (gf)

Sautéed mushrooms, creamy garlic & parsley sauce, white truffle oil £9 ½ (v) (gf)

Seared scallops, chorizo puree, £11 (gf) (df)

Limoncello cured salmon, beetroot rosti, roast fennel & caper crème fraiche, £10 (gf)

Pasta

Seafood tagliolini, crab, mussel, freshwater lobster and langoustine, roasted fennel, pepper drops, baby basil, chilli, smoked paprika, tomato & garlic cream £19 ½ (gf)

Penne all' arrabbiata in a chilli tomato sauce £12 (v) (gf) (df) add chicken £17 (gf) (df)

Traditional spaghetti alla Bolognese, classic slow cooked ragu £15 (gf) (df)

Roasted seafood casarecce, cod, salmon, plaice & crayfish, Frascati, tarragon & dill cream, samphire £17 (gf)

Italian Kitchen carbonara, pancetta, wild mushroom, green beans, baby leaf spinach, garlic, leek, parmesan, egg, cream £16 (gf)

Risotto Verde, garden peas, green beans, spinach fennel, baby basil, white wine, crème fraiche, tarragon, gruyere and parmesan £16 ½ (gf) (v)

Pizza

Authentic stone baked pizzas

Mozzarella, tomato, basil £11 (v) (gf)

Goats cheese, butternut squash, sweet pepper drops, sun dried tomato, caramelized onion, dill & balsamic glaze £14 ½ (gf)(v)

Parma ham, wild mushroom, olives £14 (gf)

Porchetta, Dorset blue vinny, green olives, red onion, sage £14 ½ (gf)

Secondi / Mains

Aberdeen Angus ribeye steak, bone marrow butter, roasted vine cherry tomatoes, grilled asparagus £24 (gf)

Aberdeen Angus fillet steak, with a choice of red wine & wild mushroom jus, gorgonzola & brandy cream or green peppercorn sauce £28 (gf)

Slow roast pork belly, mustard mash, calvados jus, roasted baby leeks, scratchings £17 ½ (gf)

Roast fillet of cod thermidor cheddar glaze, dauphinoise potatoes, baby spinach, roast peppers £22 (gf)

All main courses are accompanied by seasonal vegetables and potatoes

Insalate / Salads

Grilled Sweet Potato & Artichoke salad

Crumbled goats' cheese, pomegranate & roasted pine nuts (v) (gf) £16

Verdure / Vegetable

All side dishes are £3 ½

Garlic bread, mozzarella (gf) (v)

Garlic bread, mozzarella, caramelised onion (gf) (v)

Skin on fries, parmesan, mixed herbs (gf) (v)

Mixed vegetables (gf) (v) (df)

Seasonal dressed salad (gf) (v)

Bambini / Children's Menu

2 Courses For £7 ½

Main Course

Pizza mozzarella tomato (gf) (v)

Penne pasta butter and parmesan cheese (gf) (v)

Carbonara / bacon egg and a touch of cream (gf)

Spaghetti with a traditional meat sauce (gf) (df)

Spaghetti with a tomato sauce (gf) (v) (df)

Sweets

Nutella pizza with mascarpone (gf) (v)

2 Scoops of ice cream (v)

Chocolate brownie with ice cream (v)

Cheesecake (v)

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